The Massachusetts White Ribbon Day Pledge

"Please stand up and repeat after me the White Ribbon Day pledge...

I WILL PROMOTE respect, dignity and equality.

I WILL SPEAK OUT against attitudes and behaviors that contribute to sexual assault and domestic violence.

I WILL REMIND myself and others that gender violence is a men's issue that affects all of us, regardless of our backgrounds and identities.

I WILL CONFRONT sexism, homophobia, racism and other forms of oppression.

I WILL FIND OUT how to help when I suspect that someone I know is a victim or offender of sexual assault or domestic violence.

From this day forward, I promise to be part of the solution in ending violence against women and all gender-based violence."