## MASSACHUSETTS' WHITE RIBBON DAY PLEDGE

From this day forward,
I promise to be part of the solution
in ending violence against women
and all gender-based violence.

DATE:

SIGNATURE:

I WILL PROMOTE respect, dignity and equality.

I WILL SPEAK OUT against attitudes and behaviors that contribute to sexual assault and domestic violence.



I WILL REMIND myself and others that gender-based violence is a men's issue that affects all of us, regardless of our backgrounds and identities.

I WILL CONFRONT sexism, homophobia, racism, transphobia and other forms of oppression.

I WILL FIND OUT how to help when I suspect that someone I know is a victim or offender of sexual assault or domestic violence.

**For more information** or to find help for yourself or someone you care about, visit: www.janedoe.org/whiteribbonday

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